

SANFORD CENTER FOR AGING

DEMENTIA CARE PARTNERS

EXPANDING YOUR TEAM WITH SERVICES AND PROGRAMS

Key resources for connecting with dementia care help

ALZ CONNECTED | alzconnected.org

- Online forums and advice between care partners

ALZHEIMER'S ASSOCIATION | alz.org | (800) 272-3900 | (775) 786-8061

- Crisis assistance / 24/7 helpline
- Education regarding dementia / cognition impairment
- Free advice and support
- Grants for respite care
- Local online and community support groups
- Medic alert bracelets
- Referral to local resources, programs, services

COMMUNITY RESOURCE FINDER | communityresourcefinder.org

(A partnership between the Alzheimer's Association and AARP Family Caregivers)

- Adult day care programs
- Care at home
- Community services
- Companion care, personal care, skilled nursing
- Geriatric care managers
- Programs and events
- Transportation

DEMENTIA FRIENDLY NEVADA | dementiafriendlynevada.org

- Serving Elko County, Pahrump, Pyramid Lake, Southern Nevada, Washoe County and Winnemucca/Humboldt County
- Special events
- Training and information sessions

NEVADA CARE CONNECTION | nevadaadrc.com

- Online forums and advice between care partners

WASHOE CAREGIVERS | washoecaregivers.org | (775) 333-5499

(A partnership among the Community Foundation of Western Nevada, the Sanford Center for Aging and the Savitt Medical Library at UNR)

- Caregiver Stories blog
- Downloadable Caregiver Handbook (Spanish version available upon request)
- Online information regarding services and programs to support caregivers
- Presentations to interested groups, churches and community organizations

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Assistance at home

Homecare offers companionship care, personal care, meals and nutritional help, household duties and respite care. Some offer transportation, live-in care and hospice care.

- **HEARTROCK CARE**
(775) 432-1191 | heartrockcare.com | info@heartrockcare.com
- **HOME INSTEAD SENIOR CARE**
(775) 336-5333 | homeinsteadreno.com | traci.cochran@homeinsteadreno.com
- **LEND A HAND SENIOR SERVICES**
(775) 322-8414 | lendahandss.com | lendahandss@gmail.com
- **RENOWN HOME CARE**
(775) 982-5860 | renown.org/explore/home-care
- **RIGHT AT HOME**
(775) 826-7999 | rightathome.net/reno

Day programs for your loved one

Day programs offer respite and support for caregivers and social activities for persons living with dementia. Services may include monitoring and case management, half-day and full-day options, help finding grants when income is limited, and transportation arrangements. Social activities may include physical and cognitive exercises, nutritional programs and wellness programs.

- **CARSON VALLEY ADULT DAY CLUB, GARDNERVILLE**
(775) 782-1329 | tinyurl.com/carson-adult-day | ebuntin@douglasnv.us
- **CHOICES SOUTH LAKE TAHOE**
(530) 541-0167 | cts-choices.org/south-lake-tahoe | kwhittington@cts-choices.org
- **THE CONTINUUM: REGENERATIONS ADULT DAY CLUB**
(775) 829-4700 | continuumreno.com | info@continuumreno.com
- **DAYBREAK PROGRAM**
(775) 328-2591 | washoecounty.us/seniorsrv/adult_day_health | daybreak@washoecounty.us
- **MORE TO LIFE: ADULT DAY HEALTH CENTER, SPARKS**
(775)-358-1988 | aduldaycarereno.com | jeffdold@gmail.com

NOTE: The Sanford Center for Aging does not specifically endorse the companies named on this publication. This is a list of some options available in the area.