Vitamin D-Hype, Hope and Controversies; Hormone Replacement Therapy, and Hypertension

Thursday, January 10, 2019
8:30 a.m. to 11:50 p.m.
Elko, Las Vegas, Reno, and available through Zoom video conferencing

This FREE program will discuss the controversies and interest around vitamin D supplements, hormone replacement therapy, and hypertension. Participants will be able to 1) outline the biochemistry and physiology of vitamin D, review the theoretical benefits of vitamin D supplementation, define vitamin D deficiency in older adults, discuss the lack of support for testing for vitamin D deficiency, and choose approaches to vitamin D supplementation in older adults; 2) define menopause and understand its symptoms, review treatment options for the symptoms of menopause, and discuss risks and benefits of hormone replacement therapy; and 3) express the key aspects of hypertension.

Presented by Thomas L. Schwenk, MD, Professor, Family and Community Medicine, and Dean, School of Medicine; Vice President of Health Sciences, University of Nevada, Reno (UNR); Neda Etezadi-Amoli, MD, Interim Chair, Obstetrics and Gynecology; Assistant Clerkship Director, UNR School of Medicine; and Michael Bloch, MD, Associate Professor; Coordinator, Case-Based Learning, UNR School of Medicine

Please complete your online registration by Thursday, January 3, 2018 available on our upcoming programs page at med.unr.edu/aging/ngec/upcoming-programs