

## SENIOR OUTREACH SERVICES EDUCATION TALK SERIES

### WANT TO ATTEND?

Education Talks are **free** and open to everyone; bring a friend!

Respond by **Friday, October 4** to Sina Ward at **784-7506** or email at **sinaw@unr.edu**

Come early, at **9:00 a.m.** and meet fellow volunteers and others over a light breakfast sponsored by **Morning Star Senior Living of Sparks**. The talk will start at 9:50 a.m.

**Parking:** Free parking is available in front of the OLLI building and across the street in the city lot.

### SOS Ambassador Council Members:

Linda Anglin  
Louise Bierce  
Raymond Collins  
Betty Dodson  
Ann Frohlich  
Jane Gruner  
Gerry Harris  
Marsy Kupfersmith  
Craig Warner  
Barbara Westcott



## AFFORDABLE HOUSING: COMMUNITY SERVICES TO SUPPORT YOU, WHERE YOU WANT TO LIVE!

Tuesday, October 8, 2019

Osher Lifelong Learning Institute (OLLI)

604 West Moana Lane, Reno

Breakfast/Networking at 9 a.m.; Presentation 9:50-11 a.m.

**Panel of Community Experts:** *Dr. Peter Reed, Director, Sanford Center for Aging, and Professor of Community Health Sciences, UNR (Moderator); Avery Huckaby, Administrator, MorningStar Senior Living; Diane Ross, Owner, The Continuum; and Ky Sisson, Director, Lend-A-Hand - In home services.*

Aging brings change. Knowing your options and creating a plan will assist you in aging in place, and maintaining the quality of life and independence you seek. The panel will discuss (1) senior care communities – the joys of supported community life, (2) home modification and adult day care – community-based programs that support mobility and safety, and (3) in-home care – serving people in the safety and comfort of their own home.

Be empowered and informed! Please join us for an informative talk to learn more about how seniors can live in the residence of their choice safely, independently and comfortably.



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