DISCLAIMER:

Video will be taken at this clinic and potentially used in Project ECHO promotional materials. By attending this clinic, you consent to have your photo taken and allow Project ECHO to use this photo and/or video. If you don’t want your photo taken, please let us know. Thank you!

ECHO Nevada emphasizes patient privacy and asks participants to not share ANY Protected Health Information during ECHO clinics.
What Hasn’t Changed

The Intended Patient

- Frail Elderly
- Near the end of a life-limiting illness
- Expected to expire within a year or less

The Conversation

- Tell me how you feel about your health in the last X months –
  - You’ve been to the hospital a few times, right? Or..
  - Do you feel you are improving or declining?
- What the choices mean for them
  - Explain the realities of the treatment for them – what CPR involves and its statistical success, what hydration may do, CPR = ICU
What Hasn’t Changed

Voluntary
- Cannot be condition of admission or treatment
- May mandate offering the POLST
- Legally requires provider to inform patients about POLST

Medical Order to be Honored
- In all settings
- By all providers regardless of privileges of signing provider
- Can replace the state issued DNR Identification
- Complements an AD
What’s New?

Provider Order for Life-Sustaining Treatment

Other HC professional may have the conversation

- Sufficient knowledge to
  - explain options and implications
  - answer questions

Providers

- Physicians
- Advance Practice Registered Nurses
- Physician Assistants – determine scope of practice
- Review for accuracy, verify for understanding, sign
What’s New?

Section B

Options

- Goals of treatment
- Order of options
- 2nd option: descriptive, not a check-list
  - Dialysis
  - Chemotherapy
- “Other Instructions” still available
What’s New?
Section C and D

C – Artificially Administered Nutrition and Fluids
- Separate section now
- Requires explanation of possible consequences for each patient

D – Capacity Determination
- Determined by physician, APRN or PA
- Relates to next section (E) and who will sign
What’s New?
Section E - Signatures

- Additional provider Information required
  - Printed Name
  - License #

- Lower half of Section E
  - Signed by patient or representative
  - Patient, agent (DPOA-HC) parent of minor or legal guardian

- OR signed by surrogate (lacks capacity AND has no known/available representative)
  - Family in statutory order
  - Someone who knows wishes and values of patient

- “Discussed this form, its treatment options and their implications for sustaining life”
What’s New?

POLST and the Incapacitated Pt.

- Representative or Surrogate may sign
- Document who and relationship

- Changing or Voiding a POLST
  - Representative may change/void a POLST
  - Surrogate may only change/void a POLST they signed

- Regaining capacity
  - Pt. informed of POLST – may change or not (document!)
  - Attempt to notify representative/surrogate
What’s New?

Side 2 - Education Section

- Part 1 – Health Care Surrogate information
  - Reminder in Section E

- Lower half – education
  - Terms of Use
  - Completing a POLST
  - POLST Review
  - Voiding a POLST

- Footer
  - New form number – 090817
  - NV POLST information
  - NV Division of Public / Behavioral Health
Special thanks to the EJC Foundation for their support of Sanford Center Geriatric Specialty Clinic

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