DISCLAIMER:

Video will be taken at this clinic and potentially used in Project ECHO promotional materials. By attending this clinic, you consent to have your photo taken and allow Project ECHO to use this photo and/or video. If you don’t want your photo taken, please let us know. Thank you!

ECHO Nevada emphasizes patient privacy and asks participants to not share ANY Protected Health Information during ECHO clinics.
### Percentage of Americans with Vision Loss by Age (1)

<table>
<thead>
<tr>
<th>Age</th>
<th>Percentage of Americans with Vision Loss</th>
</tr>
</thead>
<tbody>
<tr>
<td>18-44 years</td>
<td>5.5%</td>
</tr>
<tr>
<td>45-64 years</td>
<td>12.0%</td>
</tr>
<tr>
<td>65-74 years</td>
<td>12.2%</td>
</tr>
<tr>
<td>75 years and over</td>
<td>15.2%</td>
</tr>
</tbody>
</table>
Causes of Permanent Vision Loss and History of Rehabilitation:

• Macular Degeneration
• Diabetes
• Glaucoma

• How Patients Receive Help After Vision Loss
Older Adults with Low Vision

• After the age of 75, the majority are women. (2)
• Majority of women over the age of 75 with vision loss live alone. (3)
• 70% have long term health difficulties. (3)
• 60% report at least one other functional impairment.
• 25% are not aware of the name of their sight condition. (4)
• 83% report no offer of emotional support from a professional resource. (4)
• 87% of families had not been offered support to assist a relative with vision loss. (4)
Functional Implications

• Decrease of acuity
• Visual Distortion
• Blindspots
• Eccentric Viewing
• Photostress
• Photophobia
Functional Implications (cont)

• Color Vision
• Peripheral Vision Sensitivity
• Phantom Visions
• Depth Perception
Impact on Daily Activities

- Communications
- Safety
- Nutrition/Diet
- Personal Management
  - Medication Management
- Socialization
- Mobility
Emotional Impact: The Reaction Phase

- Trauma
- Shock and Denial
- Mourning and Withdrawal
- Succumbing and Depression
Emotional Impact: The Rebuilding Phase

• Reassessment and Reaffirmation
• Coping and Mobilization
• Self-Acceptance and Self Esteem
Components of the Rehabilitation Process - Important Questions:

• Medication Management
  • Ask “How” questions

• Dialing 911
• Finding Exits
• Telling Time
• Food Preparation
Components of the Rehabilitation Process – Immediate Intervention

• Talking Books
• Support Groups
• Referral to State Agency
• Hadley
• Blind Veteran’s Services
• Senior Center Without Walls
• VisionAware
Components of the Rehabilitation Process – Professional Help

- Low Vision Optometrist
- Vision Rehabilitation Therapist
- Low Vision Therapist
- Orientation and Mobility Specialist
- Occupational Therapist
- Ed Haines – 847-784-2856, haines@hadley.edu
Sources


Special thanks to the EJC Foundation for their support of Sanford Center Geriatric Specialty Clinic

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