

## COUNSELING PROVIDERS

#	Therapist	Phone	Insurance	Specialties	Practice Location
1	<b>Westside Counseling</b>	775-882-0687	MCR; MCD; All Insurances	Adults; Adolescents; Couples; Family	Carson
2	<b>Lance Crowley MA,LADC, MFT intern</b>	775-721-8463	Not participating with insurance but can bill for substance abuse.	Adolescents; Adults; Individual Alcohol/Substance Abuse Group Tues. evening for Men and Mon. or Wed. at noon for Women (Evaluations court ordered individuals)	Minden
3	<b>Tom Embree Ph.D</b>	775-781-3671	Private Insurance; BCBS; HHP	Adults; Couples	Gardnerville
4	<b>Lynn Goldsmith MFT, MA, CPC</b>	775-230-8787	Insurance Capabilities	Anger management; trauma; PTSD; Gay/Lesbian; Relationships; Adults; Children	
5	<b>Elaine Hoem MFT</b>	775-883-1114	Private Insurance; including BCBS	Children; Adolescents; Adults; Individuals and Families	Carson
6	<b>Tiffani Lindsay MFT, LADC</b>	866-331-4206	MCD; Private Ins. HHP; BCBS; Reduced Fee Option.	Adults: Families: Anger Management	Minden
7	<b>Jennifer Pahl LCSW</b>	775-884-0707 775-887-1313	Private Insurance Flexible Hours	Adolescents/Adults; Grief, Conduct Disorders, Relationships	Carson
8	<b>Elisabeth Fricke-Aiazzi MFT Intern, LADC</b>	775-400-7241	Cash or Check: \$60/HR Evaluations \$100	General Counseling, Couples, Family, Individuals, Adults, Adolescents	Appointments scheduled through Tahoe Youth and Family Services: (775)782-4202
9	<b>Jenny Rich MFT</b>		Private Insurance; HHP: \$50.-\$100/HR and will accept sliding scale fee.	Couples; Adults; Adolescents; Children of Divorced; (works out of St Galls Church)	Christian Based

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10	<b>JSM Psychological Services</b>	775-434-7132	MCR, MCD, HHP, Aetna, BCBS, Tricare, Triwest, United	General counseling and psychological evaluations for adolescents and adults	Carson
11	<b>Lileo Sunderland MFT</b>	775-783-1136	Private Insurance; Prominence, HHP: \$50.-\$100/HR and will accept sliding scale fee.	Individuals: Couples: Family: Adolescents	Gardnerville
12	<b>Suzy Tarantino- Fernandez LCSW</b>	775-721-3979	Private Insurance; Prominence, HHP	Speaks Spanish; Grief & Loss; Children; Adults; Family; Abuse & Trauma	Carson City
13	<b>Jody Wass MA, MFT</b>	775-450-2826	Cash Only- client can bill own insurance; HHP	Grief & Loss; Adults; Adolescents; Individual; Couple; Victims of Crime; Substance Abuse; Evaluations	Gardnerville
14	<b>Mary Wolery LADC, MFT</b>	775-720-8445	Not Participating with insurance but can bill for substance abuse. VOC	Substance Abuse; Drug and Alcohol; Adults; Adolescents; Individual; Couples; Families	Minden
15	<b>Karen Luce M.A. CPC</b>	775-781-9582	MCD, Private Insurances; BCBS SSF	Substance Abuse; Drug and Alcohol; Adults; Adolescents; Individual; Couples; Families	Minden
16	<b>Valerie Woods LCSW</b>	775-887-1313	Private Insurance	Grief & Loss; Court Mandated Evaluations; Custody; Adults; Adolescents	Carson Professional Group
17	<b>Arline Zeidler LCSW</b>	775-790-3414	Private Insurance; SSF	Substance Abuse; Drug and Alcohol; Adults; Family & Marriage; Social Work	Gardnerville
18	<b>Donna Buddington MFT</b>	775-781-4213	Aetna, TriCare, HHP	Trauma, PTSD, Grief, Relationships	Gardnerville

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19	<b>Healing Minds</b>	775-448-9760	Most Insurances Medicaid SSF for cash clients	Individuals: Family: DBT treatment: Substance Abuse: Eating Disorders: Depression: Anxiety: ADHD: Conduct & Personality Disorders	Reno
20	<b>Serenity Mental Health</b>	775-841-6050	Medicaid, some Private Ins. SSF	Individual; Family; Group/Couple: Depression, Anxiety: Assessment and Evaluations; Psychiatry	Carson City, Minden
21	<b>Sierra Counseling &amp; Neurotherapy</b>	775-885-7717	MCD, MCR, some Private Ins	OP Counseling, drug and alcohol evals, ADD/ADHD evals, anger mngt, psychological testing	Carson City
22	<b>Mojave</b>	775-334-3033	Medicaid	OP Counseling and Psychiatric Care	Reno
23	<b>Alliance Family Services</b>	775-337-2394	Medicaid	OP Counseling and Psychiatric Care	Reno
24	<b>Willow Springs Outpatient</b>	775-284-4717	Medicaid	OP Counseling and Psychiatric Care	Reno
25	<b>Tahoe Youth and Family</b>	775-782-4202	Medicaid; some insurances	Substance Abuse/OP Counseling	Gardnerville
26	<b>Children &amp; Family Counseling</b>	775-434-8590	MCD, MCR, Some Insurances	General Counseling: Crisis: Couples, Individuals, Adults, Adolescents	Carson, Fernley & Silver Springs
27	<b>Bridgette DeBoer LADC; MFT</b>	775-450-6632	MCD; SSF; Anthem; Cigna; HHP	General Counseling; MH Evaluations \$125; SA Evaluations \$75-\$100; Individual,Family, Group, Adults, Adolescents	Gardnerville
28	<b>Cynthia Thorp Psy D</b>	775-234-4138	MCR, Some Insurances; HHP , SSF	General Counseling: Crisis: Couples, Individuals, Family	Gardnerville
29	<b>Chris Degraff Psy D</b>	775-887-1817	MCR; HHP; St Mary's; Anthem; Etc.	General Counseling: Individual, Couple, Adults	Carson City
30	<b>Pacific Behavioral Health</b>	775-374-5301	Private Insurance; HHP, MCD	OP Counseling, all ages	Carson City/Reno; and rural areas

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31 <b>Sage Health Services</b>	775-200-0935	Private Insurance; HHP, MCD	Op Counseling, PSR/BST Telehealth, Autism Support	Reno/Silver Springs/G'ville
32 <b>Connections Behavioral Health</b>	775-686-0117	MCD, MCR pending, Tricare pending	OP Counseling, Psychiatry	Carson City
33 <b>Blue Skies Psychological Services Dr Sean Dodge</b>	775-297-8855	MCD, SSF, can provide statement to bill insurance	Teletherapy OP Counseling, Psychological Assessments for all ages	Remote <a href="http://www.blueskiespsychology.com">www.blueskiespsychology.com</a>
34 <b>I.C.A.N. Family Services</b>	775-434-7422	MCR, MCD, HHP, Tricare, BCBS, Anthem, United etc	OP Counseling, Psychiatry, PSR/BST	Carson City
35 <b>Joann Baird</b>	925-699-4765	Medicaid, Amerigroup, BCBS, HHP	Individual, Couples, Family, Grief Counseling, EMDR and EFT therapy	Reno

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