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ECHO Nevada emphasizes patient privacy and asks participants to not share ANY Protected Health Information during ECHO clinics.
Contact Information

Denis G. Patterson, DO
Nevada Advanced Pain Specialists

www.nvadvancedpain.com
patterson@nvadvancedpain.com
12 Step Program For Opioid Prescribing

Denis G. Patterson, DO
ECHO Project
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Twelve Step Opioid Protocol

• Step 1
  Assessment of Pain
  - VAS
  - Mankoski Scale
  - Faces
Twelve Step Opioid Protocol

- Step 2
  Clear documentation of rationale for opioid use (i.e. chronic pain)
  - Inability to function
  - Unable to do ADL’s
  - Quality of Life
Twelve Step Opioid Protocol

• Step 3
  Clear documentation of beneficial clinical response to opioid use
  - Decreased pain
  - Increased function
  - Improved QOL
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- Step 4
  Establish goals of opioid treatment and review of goals (i.e. patient wants to increase function)
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• Step 5
  Current and updated medication list
    - Prevent ADR
    - CNS Depressants
    - Benzodiazepines
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- Step 6
  Risk Assessment
  - Documentation of substance abuse
  - Tools: ORT, SOAPPP-R
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• Step 7

Physical examination of painful area
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• Step 8
  
  Documentation of risks and benefits (risks explained to patient)
  
  - Including medical comorbidities
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- Step 9
  Appropriate referral for additional evaluation and treatment
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- Step 10
  Updated Board of Pharmacy review
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• Step 11

  Current and consistent UDS based off patient risk assessment
  - Mild: 1-2 every 12 months
  - Moderate: 3-4 every 12 months
  - Severe: 8-12 every 12 months
Twelve Step Opioid Protocol

• Step 12
  
  Patient has signed and Opioid Agreement with the last 12 months
Questions
Discussion