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THE PAIN STARTS IN MY HUSBAND’S LOWER BACK, THEN IT TRAVELS UP HIS SPINE TO HIS NECK, THEN IT COMES OUT HIS MOUTH AND INTO MY EARS. AND THAT’S WHY I GET THESE HEADACHES.
Emergency Room Opioid Protocols

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Acute vs Chronic Pain
Acute Pain
Acute Pain Patients

• Work up the pain complaint
• Determine what is the cause of the pain
• Treat the pain complaint with what is consistent with the standard of care for that issue
• Create a discharge plan
Acute Pain Patients

• Strategies to manage pain after discharge:
  – Modalities
  – OTC Medications
  – Therapies
  – Prescription medications
  – Follow up with PCP or Specialist
Acute Pain and Opioids

• **AB 474 Compliance:**
  – Check the PMP database
  – Consider a blood or urine drug test
  – Perform a risk assessment
  – Discuss non-opioid treatment options
  – Obtain informed consent
  – Write for < 14 day supply
  – Do not exceed > 90 MME (naïve pt)
Acute Pain and Opioids

- Educate the patient on risk of opioids

- Discuss an opioid weaning plan while utilizing alternatives to establishing with PCP or Specialist
I've got pills...
They're multiplyin'!
Chronic Pain
Chronic Pain Patients

• Determine if the patient is chronic pain patient and is established with pain management
• Is the pain complaint an exacerbation of their chronic pain issue?
• Is the pain complaint a new or different pain complaint?
Chronic Pain Patients

• Work up the pain complaint
• Determine what is the cause of the pain
• Treat the pain complaint with what is consistent with the standard of care for that issue
• Consult with their Pain Management Provider
Chronic Pain Patients

• If pain is an exacerbation of their chronic pain: goal is to “treat and street” and have them follow up with their Pain Management Provider

• If work up reveals an acute medical issue, treat them as if they are an acute pain patient
Chronic Pain Patients

• Do NOT prescribe them any opioids unless it is cleared by their Pain Management Provider

• Be careful about the choice of words used in conversing with the patient
If I woke up and nothing hurt, I would think I was dead!!!
Discussion
Questions?