TRAINING SKILLS CHECKLIST

Instructions: It is the resident’s responsibility to have an Attending faculty member date and initial whenever skills have been demonstrated.

By the END of PGY-1

ASSESSMENT AND PRESENTATION
1. Conduct an observed comprehensive general psychiatric assessment, and provide a biopsychosocial formulation, DSM-IV multiaxial diagnosis, and treatment plan.

2. Determine a patient’s competency to consent to, or refuse psychiatric or medical treatment.

3. Assess a patient’s potential to harm self and make appropriate disposition.

4. Assess a patient’s potential to harm others and make appropriate disposition.

DIAGNOSIS
1. Correctly make the clinical diagnosis of bipolar disorder.

2. Correctly make the clinical diagnosis of a depressive disorder.

3. Correctly make the clinical diagnosis of a psychotic disorder.

4. Correctly make the diagnosis of substance use disorder.

5. Correctly make the diagnosis of anxiety disorders (e.g., GAD, OCD, panic disorder).

Resident Name ____________________ Date __________
6. Correctly make the diagnosis of major personality disorders (e.g., borderline, narcissistic, histrionic, obsessive compulsive, dependent, schizoid).

| 6. Correctly make the diagnosis of major personality disorders |  |

**SOMATIC TREATMENT**
1. Demonstrate safe and effective use of antidepressants.

| 1. Demonstrate safe and effective use of antidepressants |  |

2. Demonstrate safe and effective use of mood stabilizers.

| 2. Demonstrate safe and effective use of mood stabilizers |  |

3. Demonstrate safe and effective use of pharmacologic strategies for augmentation of antidepressant or treatment of drug-refractory depression.

| 3. Demonstrate safe and effective use of pharmacologic strategies for augmentation of antidepressant or treatment of drug-refractory depression |  |

4. Demonstrate safe and effective pharmacologic management of anxiety disorders.

| 4. Demonstrate safe and effective pharmacologic management of anxiety disorders |  |

5. Demonstrate safe and effective use of antipsychotic medications.

| 5. Demonstrate safe and effective use of antipsychotic medications |  |

6. Demonstrate safe and effective pharmacologic management of sleep problems.

| 6. Demonstrate safe and effective pharmacologic management of sleep problems |  |

7. Demonstrate safe and effective detoxification from benzodiazepines.

| 7. Demonstrate safe and effective detoxification from benzodiazepines |  |

8. Demonstrate safe and effective detoxification from alcohol.

| 8. Demonstrate safe and effective detoxification from alcohol |  |

9. Demonstrate safe and effective detoxification from opiates.

| 9. Demonstrate safe and effective detoxification from opiates |  |

Resident Name ____________________  Date __________
SIDE EFFECT MANAGEMENT

1. Demonstrate safe and effective management of side effects secondary to antipsychotic, antidepressant and mood stabilizer medications.

PSYCHOTHERAPY

1. Provide supportive psychotherapy in the inpatient psychiatric setting.

2. Provide brief crisis psychotherapy.

COMPETENCY REQUIREMENTS FOR PGY-1 RESIDENTS MUST COMPLETE 40% OR 18 OF ALL 43 BOXES BY THE MIDPOINT OF EACH YEAR, AND MUST COMPLETE AT LEAST 80% OR 35 OF ALL 43 BOXES BY THE END OF THE YEAR.