

TRAINING SKILLS CHECKLIST

Instructions: It is the resident's responsibility to have an Attending faculty member date and initial whenever skills have been demonstrated.

By the **END of PGY-1**

ASSESSMENT AND PRESENTATION

1. Conduct an observed comprehensive general psychiatric assessment, and provide a biopsychosocial formulation, DSM-IV multiaxial diagnosis, and treatment plan.

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2. determine a patient's competency to consent to, or refuse psychiatric or medical treatment.

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3. Assess a patient's potential to harm self and make appropriate disposition.

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4. Assess a patient's potential to harm others and make appropriate disposition.

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DIAGNOSIS

1. Correctly make the clinical diagnosis of bipolar disorder.

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2. Correctly make the clinical diagnosis of a depressive disorder.

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3. Correctly make the clinical diagnosis of a psychotic disorder.

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4. Correctly make the diagnosis of substance use disorder.

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5. Correctly make the diagnosis of anxiety disorders (e.g., GAD, OCD, panic disorder).

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Resident Name _____ Date _____

6. Correctly make the diagnosis of major personality disorders (e.g., borderline, narcissistic, histrionic, obsessive compulsive, dependent, schizoid).

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SOMATIC TREATMENT

1. Demonstrate safe and effective use of antidepressants.

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2. Demonstrate safe and effective use of mood stabilizers.

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3. Demonstrate safe and effective use of pharmacologic strategies for augmentation of antidepressant or treatment of drug-refractory depression.

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4. Demonstrate safe and effective pharmacologic management of anxiety disorders.

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5. Demonstrate safe and effective use of antipsychotic medications.

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6. Demonstrate safe and effective pharmacologic management of sleep problems.

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7. Demonstrate safe and effective detoxification from benzodiazepines.

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8. Demonstrate safe and effective detoxification from alcohol.

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9. Demonstrate safe and effective detoxification from opiates.

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SIDE EFFECT MANAGEMENT

1. Demonstrate safe and effective management of side effects secondary to antipsychotic, antidepressant and mood stabilizer medications.

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PSYCHOTHERAPY

1. Provide supportive psychotherapy in the inpatient psychiatric setting.

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2. Provide brief crisis psychotherapy.

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COMPETENCY REQUIREMENTS FOR PGY-1 RESIDENTS MUST COMPLETE 40% OR 18 OF ALL 43 BOXES BY THE MIDPOINT OF EACH YEAR, AND MUST COMPLETE AT LEAST 80% OR 35 OF ALL 43 BOXES BY THE END OF THE YEAR.